

- 💡 **Spatial learner:** learns best by visualizing, seeing, working with pictures, is good at puzzles, imaging things, and reading maps and charts.
- 💡 **Musical learner:** learns best by hearing, rhythm, melody, and music; is good at remembering tones, rhythms and melodies, picking up sounds.
- 💡 **Bodily/kinesthetic learner:** learns best by touching, moving, and processing knowledge through bodily sensations; is good at physical activity.
- 💡 **Interpersonal learner:** learns best by sharing, comparing, relating, cooperating; is good at organizing, communicating, leading, and understanding others.
- 💡 **Intrapersonal learner:** learns best by working alone, individualized projects, and self-paced instruction.

During Exams Preparations

- Do not panic
- Have healthy food in time and sleep in time
- Focus on the question paper and identify which questions can be answered correctly
- Attempt all the questions
- Answer the questions as per your knowledge and skills
- Don't think about those chapters which you have not remembered well. Feel confident about those lessons which you have learned well. It will increase your confidence and will remove your stress.

